## Developmental Screening

## What is developmental screening?

- Developmental screening is a short, easy-to-complete formal test of young children's developmental skills, such as motor, cognitive, language, and social-emotional skills.
- A developmental screener reliably distinguishes children who should be referred for further, more comprehensive assessment from those who don't need to be referred.<sup>1</sup>
- Doctors, nurses, and other early childhood professionals use developmental screening to tell if children are on track with developing basic skills, or if they might have delays.<sup>2</sup>
- A developmental screening tool, such as ASQ®-3, is a research-based instrument that asks questions about a child's development and gathers information.<sup>3</sup>
- All children should receive developmental screenings.<sup>3</sup>

## Why do we need developmental screening?

- Before the age of 18, about **one in seven children** in the United States will experience a developmental disability or a disabling behavioral problem.<sup>5</sup>
- Before the age of five, as many as one in four U.S. children are at risk for developmental delays or disabilities.<sup>4</sup>
- Fewer than 50% of these children are identified before starting school.<sup>5</sup>
- Identifying delays early and providing help before age five produces effects that significantly exceed those of services provided to school-age children.<sup>1</sup>

## Key words used in developmental screening

- Surveillance: The monitoring or tracking of children's developmental progress over time
- Referral: The action taken by screening personnel to connect families with the appropriate service for their child
- Developmental milestones: A set of functional skills and behaviors that are key markers of child development



- 1 Bricker, Macy, Squires & Marks. (2013). Developmental Screening in Your Community. Baltimore: Brookes Publishing.
- 2 Center for Disease Control. Developmental Screening Fact Sheet. http://www.cdc.gov/ncbddd/actearly/pdf/parents\_pdfs/developmentalscreening.pdf 3 U.S. Department of Health and Human Services and U.S. Department of Education. (2014). Birth to Five! Watch Me Thrive: An Early Care and Education
- 3 U.S. Department of Health and Human Services and U.S. Department of Education. (2014). Birth to Five! Watch Me Thrive: An Early Care and Education Provider's Guide for Developmental and Behavioral Screening. https://www.acf.hhs.gov/sites/default/files/ecd/ece\_providers\_guide\_march2014.pdf
- 4 U.S. Department of Health and Human Services and U.S. Department of Education. Birth to Five! Watch Me Thrive. http://www.acf.hhs.gov/programs/ecd/watch-me-thrive
- 5 ZERO TO THREE (2012). Achieving the Promise of a Bright Future. http://www.zerotothree.org/public-policy/policy-toolkit/devscreensingmar5.pd

